



## **Revised Protocols for Positive Tests, COVID Symptoms, and Close Contact for COVID-19**

Date: January 7, 2022

To: All Idaho Youth Ranch Employees

From: Steve Robertson, Chief People Officer

RE: Revised CDC Guidance on Positive Tests, Symptoms, and Close Contact for COVID-19

Dear Idaho Youth Ranch Colleagues,

The U.S. Centers for Disease Control and Prevention (CDC) recently revised its guidance on what to do if you test positive for COVID-19, have symptoms, or experience a close contact. We have adopted this revised guidance and we wanted you to be aware of these changes.

This document is not intended to provide medical advice or communicate all CDC recommendations for people who may be sick with COVID or who have had a close contact. For further information please see the [CDC website](https://www.cdc.gov) and/or talk with a healthcare professional.

CDC guidance and our corresponding practices may continue to evolve and we will keep our Idaho Youth Ranch employee portal updated. If you have any questions, email [HR@youthranch.org](mailto:HR@youthranch.org).

### **UPDATED PROTOCOLS FOR POSITIVE TESTS, COVID SYMPTOMS, AND CLOSE CONTACTS**

#### **A. If you test positive or have COVID symptoms (regardless of vaccination status):**

1. **You must stay away from work for 5 days from when your symptoms began, or the date of your positive test, as follows:**
  - Day zero is your first day of symptoms. Day 1 is the first day after your symptoms developed.
  - If you test positive for COVID-19 and never develop symptoms, day zero is the day of your positive viral test (based on the date you were tested) and day 1 is the first full day after the date of your positive test.
  - If you develop symptoms after testing positive, your isolation period must start over. Day zero is your first day of symptoms. Day 1 is the first full day after your symptoms developed.
2. **After this initial 5-day period:**
  - If you have no symptoms OR your symptoms are improving and you have not had a fever for 24 hours without taking fever reducing medicine, you can return to work as soon as Day 6 **provided you wear an approved mask while at work through Day 10**. Please note that wearing a mask beyond Day 10 may be required pursuant to other Idaho Youth Ranch policies or regulatory requirements.
  - If your symptoms are not improving or you have a fever you must continue to stay away from work until you are cleared to return to work by HR.

**(See next page for updated Close Contact protocols)**

**B. If you have a close contact\* with someone with COVID you must inform your supervisor and do the following:**

1. **You must stay away from work for 5 days** IF you are unvaccinated OR you completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted, OR you completed the primary series of J&J over 2 months ago and are not boosted. Day zero is your last date of close contact.
  - **After 5 days you can return to work but must wear a mask through Day 10.** You may be required to wear a mask beyond Day 10 pursuant to other Idaho Youth Ranch policies or regulatory requirements.
  - If you test positive or develop COVID symptoms you must stay away from work, inform your supervisor, and follow HR's guidance.
2. **You do not need to stay away from work, although you must wear an approved mask at work for 10 days** IF you are boosted OR you completed the primary series of Pfizer or Moderna vaccine less than 6 months ago OR you completed the primary series of J&J less than 2 months ago, OR you had confirmed COVID-19 during the last 90 days. Day zero is your last date of close contact.
  - You may be required to wear a mask beyond Day 10 pursuant to other Idaho Youth Ranch policies or regulatory requirements.
  - If you test positive or develop COVID symptoms you must stay away from work, inform your supervisor, and follow HR's guidance.

\*Per the CDC, "**close contact**" means being less than 6 feet away from an infected person for a *cumulative* total of 15 minutes or more over a 24-hour period.