Collaborative Problem Solving® (CPS) Intensive Tier 1 Training

Help for working with young people with challenging behaviors





DATES/TIMES:

November 13TH 8:30-5:00 November 14TH 8:30-5:00 November 15TH 8:30-12:30

LOCATION:

Residential Center for Healing and Resilience 28371 El Paso Road, Caldwell, ID 83607

COST: \$200

To Learn More CONTACT: Teresa Uhlenkott **EMAIL:** tuhlenkott@youthranch.org

Disclaimer: This facilitator is Think:Kids CPS Certified and receives ongoing supervision from Think:Kids. This group is independent of, and has no direct affiliation with Think:Kids or Massachusetts General Hospital (MGH). Information shared by the facilitator reflects their best understanding of the CPS approach.

Think:Kids is a program in the Department of Psychiatry at MGH.

Additional resources can be found at: www.thinkkids.org



- Learn the latest science related to the impact of adversity and trauma on young people, and us all
- Explore the implications for your work.
- Understand the key ingredients of the Collaborative Problem Solving[®] approach.
- Shift your mindset and practice in keeping with the latest research and evidence and in preparation for changes in the child-serving system.



The CPS Approach

The Collaborative Problem Solving[®] approach is an evidence-based, trauma-informed method to responding to challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control, and motivational procedures, and instead focuses on collaborating with the student to solve the problems leading to challenging behavior and building the skills they need to succeed.